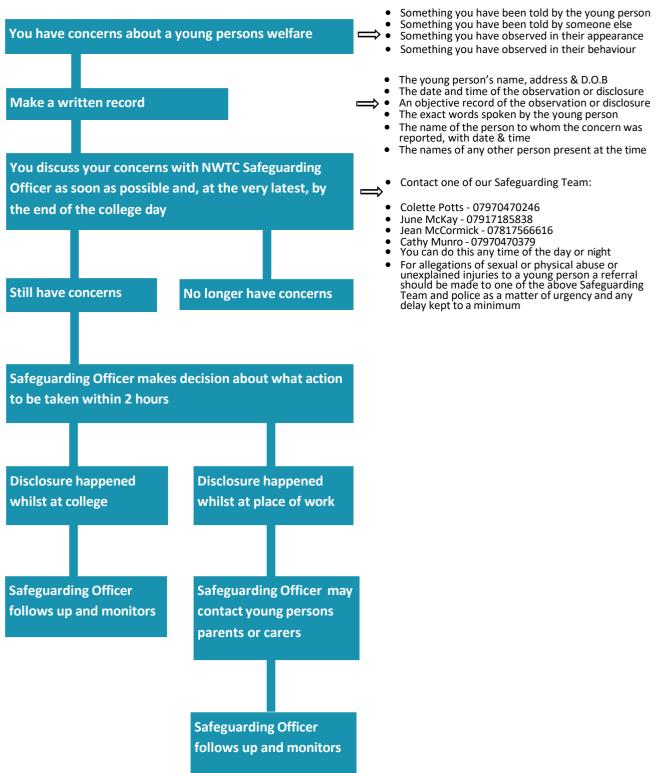
What to do if you're worried a young person or vulnerable adult is being abused or is at risk





You can seek advice from any of our Safeguarding team. You can also call the NSPCC Helpline on 0808 800 5000 or the Police at any time.