

## **Brief introduction to 'incels'**

*Definition : a member of an online community of young men who consider themselves unable to attract women sexually, typically associated with views that are hostile towards women and men who are sexually active. Incel is short for "involuntary celibate". People who define themselves as incel say they can't get a sex life despite the fact that they want to be in a relationship.*

**Keeping safe. As with all extremist groups and associations they prey on people who feel isolated and don't fit in. Always be aware if someone in your group is not interacting take time to encourage them to be part of the team. Keep them safe.**

How many incel threats have there been in the UK?

Jake Davison kill five people in Plymouth. Before the Plymouth shootings, the prosecution of Anwar Driouich from Middlesbrough was one of the most prominent British cases. Driouich was jailed last year for possession of ingredients for explosives and bomb-making manuals used by other terrorist groups.

The movement has been linked to serious violence around the world but, at the same time, experts in security and ideology say it would be wrong to call it a terror group.

The idea dates back 30 years and was popularised by a website offering support for lonely people who felt left behind.

